

OVERCOMING SPIRITUAL & MENTAL TRAPS

THE FAILURE TRAP

INTRODUCTION

This teaching series is looking at and reflecting on some spiritual and mental traps that could possibly hold us back when it comes to launching and multiplying Communities on Mission

These traps can be like an invisible force that does not let us move forward. Sometimes just identifying and calling them out by name can make a real difference. Other times we need to dig deeper and reflect on how we can overcome them.

In this session we want to overcome the FAILURE trap.

STEP #1



The great NBA athlete Michael Jordan once said, “I’ve missed more than 9,000 shots in my career. I’ve lost almost 300 games. Twenty-six times I’ve been entrusted to take the game winning shot and missed. I’ve failed over and over and over again in my life. And that is why I succeed.”

What does Michael Jordan’s quote indicate to you? Have there ever been positive outcomes from your experiences with failure?

STEP #2



Watch the Video

STEP #3:



Answer reflection questions

REFLECTION-QUESTION #1:

All people fail. Some collapse under the experience and withdraw from further achievements; others rise above the failure and are boosted to success. What do you think makes the difference?

REFLECTION-QUESTION #2:

How many potential positive effects of failure can you list here?

You can also check out this article: [“Why You Have the Fear of Failure and How to Overcome It”](https://www.lifehack.org/articles/lifehack/how-fear-of-failure-destroys-success.html)

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REFLECTION-QUESTION #3:

What do you believe is the primary motivation or underlying cause of your “fear of failure?”

REFLECTION QUESTION #4

How do you think about failure and what that might or might not say about your relationship to God and/or understanding of the Kingdom of Heaven? Does failure/fear of failure mean something significant in your faith?
